

CANA eLetter OCTOBER 2025

Visions for a paradigm shift towards a new future that works for all.



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Introduction

Our recent eLetters have been examining different aspects of this theme - the world is shaking and what does this mean? - where is God in this and what is our role in it all? In this edition we want to hold a vision for a new future that works for all. This can certainly be an encouragement to us as we witness disconcerting events and practices. But more than this, as many of us hold a vision for a better future it becomes part of the birthing process that brings it into reality. This isn't so much imagining the practical outworkings, but believing, holding and embodying the spirit and energy that underpins them. Scientifically and spiritually, this is the unity and love that links all. Biblically, it is the fruit of the spirit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Galatians 5.22).

All institutions are being challenged including our religions, but they could have a role in this. Instead of promoting themselves and their beliefs, their core purpose of enhancing our relationship with God could lead to a journey of transformation of our own lives, our relationship with others and with our world. Love and care could be set free from dogma and birthday cards to enlighten and inform decisions in boardrooms, school rooms, castles, coffee shops, parliaments and pubs. Concepts of God are not universal, but we now know that love is.

The day will come when, after harnessing the ether, the winds, the tides, gravitation, we shall harness for God the energies of love. And, on that day, for the second time in the history of the world, man will have discovered fire.

Teilhard de Chardin

Visions for a paradigm shift towards a new future that works for all

Don MacGregor



*Our highest truths are but half-truths;
Think not to settle down in any truth.
Make use of it as a tent in which to pass a summer's night,
But build no house of it, or it will be your tomb.
When you first have an inkling of its insufficiency
And begin to descry a dim counter-truth looming up beyond,
Then weep not, but give thanks:
It is the Lord's voice whispering,
'Take up thy bed and walk'.*

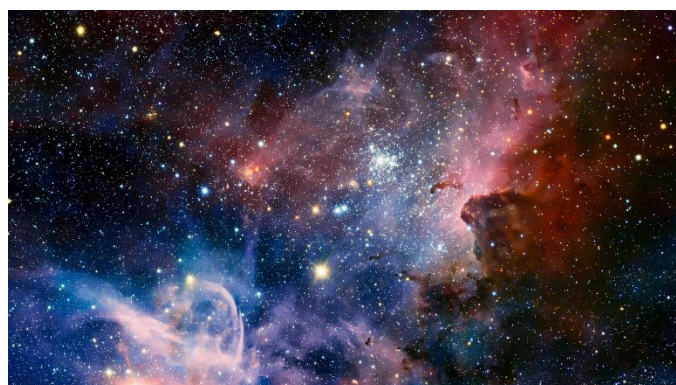
Earl Balfour, 1848-1930

This quote has been an inspiration for many of us in CANA as we have moved beyond the box of doctrine and dogma. But this tent analogy applies not just to the institutional religions, but also the whole way in which we have become dominated by a capitalist and increasingly autocratic society. 'But build no house of it, or it will be your tomb.'

We are now beginning to 'descry a dim counter-truth looming up beyond' and that is now shaping into many visions for the future. But to get to those new visions, to build on them, the old ways have to lose their potency and begin to be challenged. This is the phase our world culture is currently in.

[Click here to read the rest](#)

Unity



Here is another quote from Neale Donald Walsh showing the importance of unity. Following that is the Unitive Narrative summary of the scientific background to unity and how it could manifest, put together for the United Nations.

Most, if not all, of the world's problems and conflicts, and of your problems and conflicts as individuals, would be solved and resolved if you would, as a society: 1) Abandon the concept of Separation. 2) Adopt the concept of Visibility. Never see yourself as separate from one another, and never see yourself as separate from me. Never tell anything but the whole truth to anyone, and never again accept anything less than your grandest truth about me.

The first choice will produce the second, for when you see and understand that you are One with Everyone, you can not tell an untruth or withhold important data or be anything but totally visible with all others because you will be clear that it is in your own best interests to do so. But this paradigm shift will take great wisdom, great courage, and massive determination... For Fear will strike at the heart of these concepts and call them false....Fear will be your greatest enemy.

[Click here to read the rest](#)

Visions for a paradigm shift towards a new reality

Janice Dolley



“When a complex system is far from equilibrium, small islands of coherence in a sea of chaos have the capacity to shift the entire system to a higher order.”

Ilya Prigogne, Nobel Laureat

Across the world there are transformational Points of Light where small groupings are receiving new insights and through a process of inner listening and attunement with others are all contributing to the emergence of a further evolutionary step for humanity that is inwards, onwards and upwards. These groupings are a bit like the imaginal clusters that begin to form from the imaginal cells within each chrysalis which, awakening to an inner call, in order to release the old transform into something new. We're told that at first the old cells of the caterpillar attack those newly transforming but in clusters they can survive and thrive

As an analogy, this well describes the process that humanity is currently undergoing. Esoteric philosophy tells us that 2025 is a year when we receive new energies that will further this. Whether we see these energies as assistance from higher sources such as the ascended masters or angelic realms, from ETBs (extra-terrestrial beings), from conscious public figures or from the affirmation and support of others, we are alerted to the dangers we are collectively facing.

[Click here to read the rest](#)



'This is perhaps the most crucial time in our history: a time of the utmost depravity, corruption, greed and barbarism; a time of lies, subterfuge and the perpetration of evil on a planetary scale, but also a time of potential breakthrough to a higher level of consciousness, recognising that we are inseparably connected to each other, to the world around us, and to the wider universe, and that each one of us has a vital role to play in bringing our world back into harmony with the evolutionary intention of the cosmos'.

Anne Baring 'Divine Wisdom and the Holy Spirit'

Cooperation

*Tribalism and competitiveness have been the mark of humanity.
This was attributed to our biological nature, to survival of the fittest.*

*But biologists now recognise that cooperation gives the greatest advantage
for survival and advancement.*

So let us retune our species.

Jane Upchurch 'The Bones of Love'

*Out beyond ideas of wrongdoing and rightdoing,
There is a field. I'll meet you there.
When the soul lies down in that grass,
The world is too full to talk about.
Ideas, language, even the phrase each other
Doesn't make any sense.*

Rumi

Visions for a paradigm shift towards a new future that works for all

Bill Upchurch



My background is that I am a practical person. I first worked for British Telecom, then for the past 26 years I have been running Look & Listen Multimedia which helps churches with projectors, laptops and worship software with technical support. For the past four years I have been focusing on climate change, doing a lot of research and specifically finding solutions to what people can do to make a difference in their homes. This is one of several areas where views have become polarised and evidence has been twisted or ignored, and it has horrified me how vitriolic responses to this and other major issues today have become, especially on social media.

Why is this? Maybe this extract from Pastor Brian Drinkwine's views on Charlie Kirk's funeral USA 21st September 2025 may help.

[Click here to read the rest](#)

The old must pass away.

David Spangler



The old must pass away. It has served its purpose in the cycles of evolution and must now make way for a new, more expanded and more fruitful manifestation...

To embody a new paradigm of civilization - to learn to think like a planet in order to heal and nurture a planet - is not a typical hero's task. It is more the task of a gardener. The planet does not offer us challenges to be overcome to prove our worth or individuality; it presents us with a community to understand, a community with

disparate needs and identities that are nonetheless intertwined in mutual dependencies...

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Break down

*Do not worry when an organisation that we know and trust breaks down.
It is the natural order of things, growth then death giving rise to new life.
Don't hold on to the old, but trust that its core essence will find new ways of being,
more in tune with the spirit of God.*

Jane Upchurch 'The Bones of Love'

'How, I began to wonder, can we help people — others and ourselves — get a positive vision of a better future ... not just a future that isn't regressive, but one that is better than the present? And how would we even determine what "better" means? That's not an easy question to answer, because as philosopher/psychologist/poet Bayo Akomolafe asks, "What if the way we respond to the crisis is part of the crisis?"

All of our current solutions, he suggests, are shaped by minds that have been shaped by the same assumptions that created the problems we are trying to solve. So, we need something deeper than mere answers cooked up within our current paradigms, something deeper than mere solutions devised within our current assumptions. In other words, if modern analysis, technology, economics, and problem-solving have created our problems, we need something that takes us outside these parameters. What if, instead of solutions born out of the same old thinking, we need a new way of thinking, a new imagination funded by new images?'

Brian McLaren, Progressive Voices Issue 54, Sept 2025

Blessing our world now

Sometimes when we look out, the world seems so dark. War, violence, hunger and misery seem to abound. This makes us anxious and helpless. What can I do in my private little corner of life that could have any effect on the march of world events? The usual answer is: nothing. We then decide to do what we can for our own, and leave the great events to their domain. Thus, we opt out, and join the largest majority in the world: those who acquiesce. Believing ourselves to be helpless, we hand over all our power to forces and systems outside us that then act in our names; they go on to put their beliefs into action; and ironically, these actions are often sinister and destructive. We live in times when the call to full and critically aware citizenship could not be more urgent.

Real presence is the ideal of all true individuation. When we yield to helplessness, we strengthen the hand of those who would destroy. When we choose indifference, we betray our world. Yet the world is not decided by action alone. It is decided more by

consciousness and spirit; they are the secret sources of all action and behaviour. The spirit of a time is an incredibly subtle, yet hugely powerful force. And it is comprised of the mentality and spirit of all individuals together. Therefore, the way you look at things is not simply a private matter. Your outlook actually and concretely affects what is going on. When you give in to helplessness, you collude with despair and add to it. When you take back your power and choose to see the possibilities for healing and transformation, your creativity awakens and flows to become an active force of renewal and encouragement in the world. In this way, even in your own hidden life you can become a powerful agent of transformation in a broken, darkened world. There is a huge forcefield that opens when intention focuses and directs itself towards transformation.

John O'Donohue 'Benedictus, A book of blessings'

The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion together; and a little child will lead them. The cow will feed with the bear, their young will lie down together, and the lion will eat straw like the ox. The infant will play near the cobra's den, and the young child will put its hand into the viper's nest. They will neither harm nor destroy on all my holy mountain, for the earth will be filled with the knowledge of the Lord as the waters cover the sea. (Isaiah 11.6-9).

They will beat their swords into ploughshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore. Everyone will sit under their own vine and under their own fig tree, and no one will make them afraid, for the Lord Almighty has spoken. (Micah 4.2-4)

I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident: that all men are created equal.'
Martin Luther King

Steps towards the new

We would like to use CANA as a platform for sharing snapshots and links into helpful organisations or resources that can inspire. Do contact us with ideas – details at end.

UPCOMING CANA EVENTS

SAMHAIN SACRED SPACE



A CANA Online Gathering (COSS)
11.00-12.00 Wednesday 5th November

Samhain (1st November) is one of the Celtic cross-quarter festivals between the solstices and equinoxes. It is when we enter into the dark of the year, the womb, the waiting place. Our ancestors brought in the flocks from the hills and feasted together over fires. It is the thin time when the old year hollows and sinks, turning over to darkness before the new year is born.

This is an on-line ritual, an opportunity to engage with Spirit and with our own divine centre communally. It is not a eucharist, there is no wine, no blessing from a priest, no Christian liturgy. But it does seek to embody some of the essence of the eucharist experience in creating a sacred space of communion but within a wider framework.

Please email Bill at admin@cana.org.uk if you would like to participate

CANA CONSCIOUS CONVERSATIONS (CCC)

10.30-12.30 Saturday 28th February on zoom



(Picture courtesy of Nina O'Connell)

**Rev Marcus Braybrooke on his experience in the interfaith movement,
and what would be relevant to the needs of people today.**

Please email Bill at admin@cana.org.uk if you would like to participate

CONTACT US

We link together every **Full Moon** to build a pathway to Universal Spirituality, aware of the particular energies at that time. We link together every **New Moon** with a focus on Praying for the Planet, a day we particularly remember our beautiful planet in prayer, meditation, awareness or involvement with love, hope and gratitude.

If you would like to receive the emails for either of these, email info@cana.org.uk

DONATIONS

CANA operates on a gift economy so if you would like to contribute and do not already, then contact us (see below) and we will send details, or go to the page on our website [Donate](#)

To make your own suggestions on this topic, or any other comments, please email info@cana.org.uk, ring Jane (editor) or Bill on 01895 639476 or write to them at 20 Manor Road, Ruislip, Middx HA4 7LB.

*May love and light fill your life and our world
bringing healing and wholeness*

CANA (*Christians Awakening to New Awareness*) is a network of people responding to the new impulse of Spirit at this time, companions on the way. Many of us recognise its resonance with the teachings of Jesus as a way of transformation. Our hope is to rediscover and re-imagine a path leading towards a more universal spirituality that can operate with respect for all living creatures and all faiths, a path of love and service for the betterment of all. This is not just about the transformation of the individual, but the global shift of humanity to a higher way of being and of love that Jesus termed 'the realm of God'. www.cana.org.uk