

CANA

(Christians
Awakening
to new
Awareness)

CANA is a network of people exploring the emergence of humanity's next evolutionary step for which Jesus has paved the way. This requires us to risk living co-creatively through attunement to the ONE.

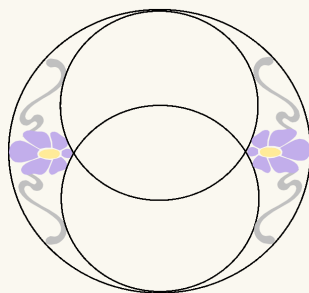
CANA offers people nurture and companionship in their process of awakening and the opportunity to find a commonality with others on a similar continuing journey.

Our collective journey has no set goal. The reality of our unity may be seen to develop. But the essential nature of our journey is one of continuing exploration.

Everyone's contribution is a valued part of the whole and none is dispensable. As we leave behind the language and interpretations of the past, we are challenged to find new expressions of the emerging vision.

CANA recognizes that we are all one through that of God within us from whatever background we come.

CANA is a group where risk becomes safe through trust and where exploration is key.



CHRISTIANS AWAKENING

SPRING NEWSLETTER 2018

Volume 7 Issue 1



"It is the destiny of every flower to
surrender, for nothing that keeps to itself
ever grows"

Dr Gopal Singh ('The Man who Never Died')

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Editorial

My favourite time of the year is just getting under way. Spring! New life emerges and bursts forth in abundance. I was pondering recently, on looking at a silver birch tree in full bud, that Spring is a visual representation of the whole cycle of life in the Cosmos, dying and being reborn, on all sorts of different time scales and levels, but the same pattern repeated through all creation. The leaves die off every year, to be reborn again. The 'beingness' of the tree continues in the branches and trunk, until its time comes. We are no different. Life is continually recycled into new forms as it evolves to higher consciousness. We continually give up our being at one level in order to take it up at a higher level. As Jesus said, *"Those who want to save their life will lose it, and those who lose their life for my sake will find it."* (Matthew 16:25)

This edition contains much about the spiritual transformation that is the path we are all on. CANA is not the only group thinking along these lines. Lent is upon us and Fred Plumer from Progressive Christianity shines a light on the Easter story, pointing to the way of transformation that Jesus taught, but which got submerged in all the creeds and doctrine of the early Church. A short extract from the Kosmos Journal speaks of hope and compassion in the darkest places as, *"The soil of winter is being conditioned by the compost of our leavings in preparation for what wants to emerge, and surely will come."* Our poetry page has offerings reflecting on the meaning of God and a Yorkshire take on creation. And Judy Hanmer offers us an insight into Carl Jung's life, a man before his time who laid the foundations for much of our spiritual thought today.

We have several events up and coming as well. William Meader is joining us again in May (p.4), but this time is coming out to Pembrokeshire in the wild west, where I live. It would be a good opportunity for anyone to take a few days break out here on the beautiful and spiritual coast of St Davids. If you can't make it this far, he is also doing several other events in England (details can be found on his website, meader.org). Janet Lake continues to run her '*Space for Living Spirituality*' days throughout the year in Bridport (p.5), and there is another '*Silence by the Sea*' *Wisdom retreat* in October at the Othona Community (p.8). Lastly, we are hosting a Day in London on November 3rd, looking at Oneness and Unity Awareness from both scientific and spiritual perspectives, with several different speakers. More details are in an attachment to this Newsletter. We would be so grateful if you could let us know if you can come.

Finally, our summer newsletter will have a theme of 'Universal Spirituality.' We would be delighted if we had some contributions from yourselves – see p.11. This is a major element behind our developing ideas to bring out a course on '**Towards a Universal Spirituality – Journeying with Christianity.**'

Enjoy the Spring!

Don MacGregor



A Reason to Celebrate Easter

Some people have found it surprising to hear that I love the Easter holy days. As a progressive clergy person from my first day in the pulpit, thirty years ago, I always felt that everything from Lent to Easter Sunday was the most important and exciting season for Christians. It was another opportunity to teach and even to practice the path of kenosis, to move beyond our familiar boundaries of mind and body by learning to let go and change. What is not exciting about that?

I often felt badly for clergy who found it necessary to stay in an old and outdated paradigm talking, praying and singing about the resuscitation of a body that had been buried in a tomb for three days. I cannot tell you how many times one of them would call me and ask what I was going to do about Easter with a sense of urgency and sometimes of panic. Far too many times they would find themselves trying to make sense out of something they no longer believed.

More importantly I felt badly for the people who missed an opportunity to discover the powerful and life transforming path Jesus left us that is the very foundation of his teachings and his life. It is sadly a path that has been buried in the crust of creeds, camouflaged by power struggles and dogmas and reinterpreted by ego driven personalities.

Ironically the very path of kenosis Jesus offered us is a path intended to free us of the confining and often conflicting mindset that allows our fears, our wants, our hungers, and other ego needs to control and separate us. It is a path of self-emptying love that has been available to us for centuries. And the best part is there is no better time or way to investigate that mindset than during the period of Lent leading up to an Easter celebration.

Of course we all know the Lenten season is often wasted on prideful stunts like giving up sweets, sex, alcoholic drinks or meat. But the true kenotic path is much tougher for most of us. It really refers to emptying of self—of self-interest and even of self-preservation. It is about learning to love dangerously and recklessly without any expectations in return. It

is about letting go of judgment and anger. It is about letting go of self-righteousness and becoming a willing servant. It is about letting go of power to control or even to influence for self gain.

I want to be very clear. This path is not about who gives up the most nor is the goal to make some giant, measurable sacrifice. It is not about making the biggest donation to the Easter fund. I am referring here to a path of self-discovery. It is a path to discover who and what we already are but have not had the eyes to see or the ears to hear. It is about losing yourself in order to find yourself.

If we allow the Easter story to be what it was intended to be—an allegory—it makes a lot more sense than a story about a time in history that never did make sense. When we let the Easter story become a lesson instead of a piece of Christian history, we gain something important. We learn that real freedom and new life happens when we are willing to give up our old ways of thinking and being and move toward a new self. It means that as we journey toward an awareness of our true selves and another reality, we must first die to the old. I believe the author of John understood this when he put the words into Jesus' mouth that we have to die to be born from above or from spirit.

Obviously, we do not have to wait for the Easter season to move toward this revelation. It can be a weekly, even daily practice. For most of us, this is a challenging path but what a wonderful reward to discover who we really are. We are floating in one giant pool of amniotic fluid that flows like a River of Wonder and Life. We come from a long line of slippery, slimy single-celled ancestors who swam in ancient seas. We have evolved from ancestors with fur and funny faces who had no concerns about over-population or global warming.

We now know that we are all made up from the same stuff as the sun, the moon and the stars. And apparently we are trading that stardust—and a lot of other things that can't even be measured—with each other as we move through this plane, on this planet, at this moment.

continued overleaf

When we identify those things that are separating ourselves from others, we can discover we are indeed part of one connected universe both instant and eternal. When we let go of those things that are ego driven, even without us realizing it, we can find something even more special. We are not only part of the beautiful divine creation but we are indeed divine.

In fact in spite of how we might feel about ourselves sometimes, no matter how isolated, no matter how alone, no matter how broken, no matter how separated, we have always been connected. We are part of a river that has flowed through time and space as vast as the universe itself.

This means there is more to you than you have probably given yourself credit for. This means you are capable of marvellous things you cannot even imagine. Hard as this may be to believe, you have the wisdom of the ages within you, dancing to the music of the Universal angels.

Easter, spring and Jesus' teachings are all about rebirth, the renewal of spirit, and transformation. They invite and encourage each one of us to dive back into the River of Life, the River of Wonder we sometimes call God and open ourselves to all kinds of new possibilities.

Now that is the big picture and something to celebrate.

Fred Plumer

<http://progressivechristianity.org/resources/>



CANA is on Facebook!

CANA now has a Facebook page, on which are various enlightening posts of all sorts. If you are a Facebooker, please go to the page, like it, and follow it if you would like to. We hope to engage with others on social media, but it relies on people using the page. Share items and post your own comments. The more the better! **Click on Like It !**

“The Soul and Its Creative Destiny”

**A day of exploration with WILLIAM MEADER,
an international teacher of esoteric philosophy
WEDNESDAY 9th MAY 2018, 10.30-4pm
St Davids, Pembrokeshire**

William Meader, from the USA, is an international speaker and teacher immersed in the cosmology of the perennial philosophy and the journey of the soul. He is the author of 'Shine Forth - The Soul's Magical Destiny', which is highly recommended. (Website: meader.org)

Venue: St Davids Wellbeing Centre, 38 Nun Street, St Davids SA62 6NT

Time: 10.30am - till 4.00pm

Cost: £30, or £25 early booking by March 31st 2017 (concessions on request)

Refreshments: Drinks and biscuits will be provided.

Please bring a packed lunch. **Travel:** There is ample inexpensive parking in Quickwell Hill carpark off Nun Street

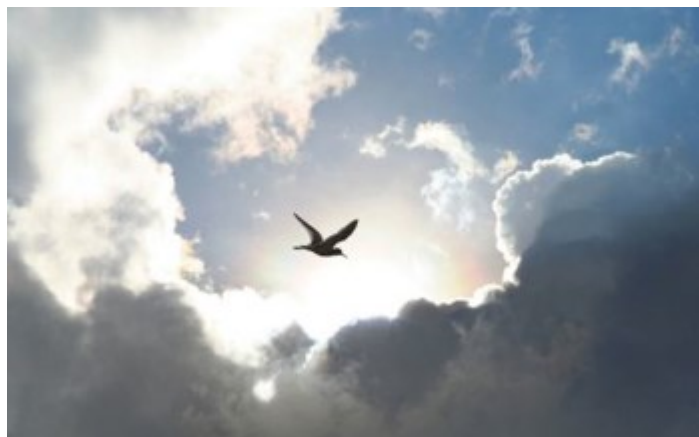
.Website: stdavidswellbeing.co.uk

Booking: please contact:

Revd Don MacGregor, Amber Cottage, 1 Lower Moor, St Davids SA62 6RP

donmacg@live.co.uk

01437 454388



OXFORD THREE FAITHS WEEK

BEYOND THE HEADLINES

Jewish, Christian and Muslim Traditions

Learning and encounter

9-15 April 2018

Venue: St John's College, Oxford

Bookings & Enquiries: info@spiritofpeace.co.uk

Dark Night of the Soul

Dear Reader,

The days are short and cold here as we await the return of the light. When I tune into the news, or social media, I can't help but wonder if the whole world hasn't entered a 'dark night', a crisis of the soul. And if true, in such uncertain times, how do we keep hope alive? What purpose or lessons might this dim descent in our collective story hold for us?

The other day, a friend of Kosmos, Scott Lennox, asked 'what can I do for you?'. 'Tell me the human family is going to be OK', I replied. Scott paused. When he was a combat medic in Vietnam he was often asked, 'will I make it?'. Scott said he would share with me what he told those men whose hands he held...and his voice broke. 'I can't promise you we will be OK, but I can promise that I will never leave you. I got you...and I will never let you go'.

That, to me, is the spirit of hope, of compassion and love. It's the spirit of Kosmos. The articles in this edition explore the dark night of the soul. It is fitting and proper that we do so. In traumatic times, our spirit seems depleted, our practice may feel pointless, our horizons bleak. Yet, there is meaning in every period of darkness, when things lose their shape to be reformed again. The soil of winter is being conditioned by the compost of our leavings in preparation for what wants to emerge, and surely will come. We shed the skin that no longer serves us – the ego of separation – so we might return fresh and new into the light of Unity.

We can't promise we will all live to see that day, but we will never let go of that hope.

In loving service,

Kosmos

(Kosmos Journal—rfabian@kosmosjournal.org)



**A SPACE for LIVING SPIRITUALITY
at The Quaker Meeting House
95, South Street, Bridport. DT6 3NZ.
SERIES 5 “Spirituality and Creativity”
Event 1: Saturday March 10th. 2018.
10.00 - 4.00.**

**“Meditations on the Nature of
Creativity”**

led by Denise Rowe and Sue Langley

**Event 2: Saturday April 14th. 2018.
10.00 - 4.00.**

**“The Way of the Spoon: contemplative
spoon
carving in the spirit of St. Peter
Damian”**

led by Martin Hazell

**Event 3: Saturday May 19. 2018. 10.00
- 4.00.**

**“Telling Tales: an Introduction to oral
storytelling”**

led by Martin Maudsley

**Event 4: Saturday June 9th. 2018. 10.00
- 4.00.**

**“Poetry and Chants: Pathways to Inner
Depths”**

led by Janet Lake and Gilo

*Donations £10-£40 per day: bring-and-share
lunch. For more information and booking
contact: Janet Lake: iona.lake@aol.co.uk*

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“.....contemplation is very far from being just one kind of thing that Christians do: it is the key to prayer, liturgy, art and ethics, the key to the essence of a renewed humanity that is capable of seeing the world and other subjects in the world with freedom—freedom from self-oriented, acquisitive habits and the distorted understanding that comes from them. To put it boldly, contemplation is the only ultimate answer to the unreal and insane world that our financial systems and our advertising culture and our chaotic and unexamined emotions encourage us to inhabit. To learn contemplative practice is to learn what we need so as to live truthfully and honestly and lovingly. It is a deeply revolutionary matter”.

*(Archbishop Rowan Williams (2012)
speaking in Rome to the Vatican)*

Just For Today

God Almighty!
The One True God!
Heed the Word of God!

God.
Is a word.
Words are breath,
And breath is free.

Just for today, breathe out that old, old word and
let 'God' mean The One Who Whispers in Caves,
the Breath of the Sea.

Let God be the cold clod of Autumn earth in your
palm and the diffuse light that pours down from
the full moon.

Let God be a person fully alive, senses sparkling
and embodied, or the channel of creation that
carves a ready tunnel through the musician just
before a tune is born.

Just for today, God means the Yin and the Yang;
the Darkness and the Light, the whole messy
thing. The pain that breaks us open and loosens
our bindings so that we can see more clearly.
God is the Fire of Life in the Womb of Women.
God is people connecting at the traffic lights,
despite the odds.

It is the underground network of vibrations that
link all plants together, the innate ground of
being in our fibres, the life-death-life cycle, the
Spirit of Nature, the pure, raw force of Love, the
Fabric of Everything.

So. Just for today, when you hear the word God,
hear all this.

Written by **Jo Messoré** for her wedding day
(Jo is the daughter of Don & Jayne MacGregor)



Nobbut God

First on, there was nobbut God.

First on,
There was silence
And God said:
'Let there be clatter'.

The wind, unclenching,
Runs its thumbs
Along dry bristles of Yorkshire Fog.

The mountain ousel
Oboes its one note.
After rain,
Water lobelia
Drips like a tap
On tarn's tight surface tension.

But louder,
And ever second nearer,
Like chain explosions
From furthest nebulae
Light years across space:
The thudding of my own blood.

'It's nobbut me',
Says God.

Norman Nicholson

(Genesis 1.1)

Jung's philosophy and the Spiritual Quest

Carl Jung died in 1961 but his work is still very relevant today because he was such an original thinker with an immensely wide range of interests.

As many members of Cana do, Jung started to ask searching questions about religious belief, at an early age: *"From the time when I was eleven God interested me ... He was a unique being of whom, so I have heard, it was impossible to form any correct conception"*. His father and eight of his uncles were all pastors in the Swiss Protestant church but when the young Carl questioned his father about faith the replies seemed to him totally inadequate.

Preparing for Confirmation he realised that many of the beliefs that he was being asked to subscribe to just didn't line up with his inner experience and when he took his first communion he was bitterly disappointed that there was no consciousness of grace or of any sort of change within himself.

The contradictions between his inner and outer self weighed so heavily on the young Carl that he had some sort of breakdown and was unable to go to school for a while, and the culmination came when he had a vision of God sitting on a throne in the sky above Basel and dropping a huge turd on the Cathedral, shattering its roof and walls. Having this thought brought a kind of release and the knowledge that *"from the moment I emerged from the mist and became conscious of myself the unity, the greatness, the superhuman majesty of God began to haunt my imagination"*.

These early struggles and questionings were the foundation of a spiritual quest which lasted throughout Jung's long life and led him a long way from his conventional Swiss Protestant roots. Towards the end of his life he complained that he had dealt so frequently with the problem of religion that *"I have alternately*

been accused of agnosticism, atheism, materialism and mysticism". However in all his writings what he aimed for was to encourage others to tackle difficult questions and he was not afraid to change his opinions as his inner searching and outer knowledge became wider and deeper. He presented his ideas as hypotheses which were open for discussion and at one point he said that he had no wish for people to become 'Jungians' who adhered closely to his lines of thought and developed none of their own.

Jung's medical training led to him thinking of himself as a scientist, but in reality he was a polymath and his *Collected Works* range over philosophy, psychology, myths, legends, fairy tales, dreams, symbolism in art, alchemy and many other subjects. He coined the terms 'introvert' and 'extravert' and his work on personality types was adapted by Katherine Briggs and her daughter Isabel Briggs Myers into the Myers Briggs Type Indicator; his concept of the shadow side of the psyche is used in workshops on spiritual formation.

Because of his enormous learning some of the *Collected Works* are quite difficult to read as he could not resist bringing in every possible association to the subject in hand. However his autobiography *Memories, Dreams and Reflections* is an easy read and the lavishly illustrated book on *Man and His Symbols*, which he wrote in conjunction with some of his closest associates, is a good introduction to his myriad interests. In addition, Claire Dunne's *Carl Jung: Wounded Healer of the Soul* is well worth reading for anyone interested in the spiritual quest.

Judy Hanmer

"I could not say I believe. I know! I have had the experience of being gripped by something that is stronger than myself, something that people call God."

C G Jung

(from a letter to *The Listener* in
January 1960)

Silence by the Sea

CANA Residential Retreat - Exploring the Wisdom Tradition

1st-4th October 2018

at The Othona Community, West Dorset DT6 4RN

There is a real hunger for an authentic and living spirituality, emerging anew from its roots in the mystical heart of all faith traditions, but reawakened and revitalised to be accessible and relevant for today.

This retreat, whilst largely silent, will include inputs and mutual sharing as we explore the Wisdom tradition, along with daily periods of meditation and chants, mindful work, and time to appreciate the beautiful setting.

Given that Wisdom *"is not about knowing more, but about knowing with more of ourself ... about increasing our capacity for spiritual perception from an awakened heart"* (Cynthia Bourgeault), the format of the retreat will engage us with different aspects of our being and be reasonably intensive. You would need already a regular meditation practice and a wish to deepen your spiritual life.

Leaders are Janet Lake, Jayne MacGregor (both members of CANA www.christiansawakening.org) and Richard Sloan (RC priest committed to the transformative and healing value of contemplative listening) who have attended and been inspired by the Wisdom Schools and teachings of Revd Dr Cynthia Bourgeault (www.contemplative.org).

For further information and bookings contact bookings@othona-bb.org.uk or 01308 97130

To discern whether this Retreat is for you:-

Ethos of this Retreat:

....Spiritual practice is not about acquiring anything. Rather, it's a 'surrendering of deeply imbedded resistances that allows the sacred within gradually to reveal itself ..' (Martin Laird) The design of the retreat is to help us in this task.

Intensity and Responsibility:

.... The days are long and fairly intensive and although the leaders are very willing to offer individual support when requested, this is not an individually guided retreat and we encourage people to attune inwardly and connect with their own inner resources and wisdom before seeking assistance.

Silence:

Silence is requested at all times after supper on the first evening until coffee time on the last morning. Talking is possible outside (but only if you've agreed with the other person to talk), or when participating in a session. Obviously speak when there's a practical need, but please keep the spirit of silence.

Mindful Work:

There will be a range of tasks listed so you can choose one to suit from energetic work such as gardening, to gentle sitting down ones. Might be wise to bring gardening gloves and boots if working outside. An introduction to its purpose and a focus for each day will be given.

Studio:

There is a studio in the grounds with materials we can use for painting etc.

Setting:

Othona is by the Sea shingle beach and lovely walks. Please bring suitable clothing

Mobile phones, I-pads, Laptops:

We recommend you keep the use of these to a minimum.... preferably turn them off whilst on retreat.

On request, a full Programme of the Retreat will be sent to you.

Janet Lake

The Cathar Prophecy

In 1978 on a visit to Montsegur in the Cathar country of SW France, Colin Bloy had dowsed in a meadow where 300 Perfecti were burned alive. The dowsing revealed a Latin text which referred to the rebuilding of a church in Andorra in 1986. In March 1985 Colin was prompted to write the proclamation of the Church of Love - he says the words were not his - and this Church was proclaimed in Andorra on Good Friday, 28th March 1986. Colin Bloy says: "This was written by my hand, but I would not claim authorship, it was taken down in ten minutes - just like that!" "Although this was written to fulfil a 14thC prophecy that the Cathar Church would be restored in 1986, I believe it is a statement relevant to all Fountaineers and that we too are part of the Church of Love." "It's a bit of a special church and I don't want you to get confused over the word 'church', because it means 'communion', ecclesia in Greek, nothing more."

The last of the Cathars was burnt by the Inquisition of the Roman Catholic Church at Montsegur, Languedoc, France in 1244 but they left the prophecy that the Church of Love would be proclaimed in 1986.

It has no fabric, only understanding.

It has no membership save those who know that they belong.

It has no rivals because it is non-competitive.

It has no ambition, it only seeks to serve.

It knows no boundaries, for nationalisms are unloving.

It is not of itself because it seeks to enrich all groups and religions.

It acknowledges all great Teachers of all the ages who have shown the truth of Love.

Those who participate, practice the Truth of Love in all their beings.

There is no walk of life or nationality that is the barrier.

Those who are, know.

It seeks not to teach but to be and by being, enrich.

It recognizes that the way we are, may be the way of those around us, because we are the way.

It recognizes the whole planet as a Being of which we are a part.

It recognizes that the time has come for the supreme transmutation, the ultimate alchemical act of conscious change of the ego into a voluntary return to the whole.

It does not proclaim itself with a loud voice, but in the subtle realms of loving.

It salutes all those in the past, who have blazed the path but have paid the price.

It admits no hierarchy nor structure, for no one is greater than another.

Its members shall know each other by their deeds and by their eyes and by no other outward sign save fraternal embrace

Each one will dedicate their life to the silent loving of their neighbour and environment and the planet while carrying out their task, however exalted or humble.

It recognizes the supremacy of the great idea which may only be accomplished, if the human race practices the supremacy of Love.

It has no reward to offer, either here or in the hereafter save that of the ineffable joy of being and loving.

Each shall seek to advance the cause of understanding, doing good by stealth and teaching only by example.

They shall heal their neighbour, their community, and our Planet.

They shall know no fear and feel no shame and their witness shall prevail over all odds.

It has no secret, no arcanum, no initiation, save that of true understanding of the power of Love

And that if you want it to be so, the world will change, but only if we change ourselves first.

ALL THOSE WHO BELONG, BELONG. THEY BELONG TO THE CHURCH OF LOVE.

Easter Re-Claimed

Would You Like to Experience a shared Cosmic Easter ?

You are invited to join a group in spending Holy Week together, exploring the meaning of the Gospel story and how we understand it today in the context of the Universe story, and in the light of the visions of Teilhard de Chardin, Matthew Fox, Thomas Berry and Brian Swimme.

We endeavour to celebrate each day in ritual, music and words, in a creative group experience in which all contributions are welcome.

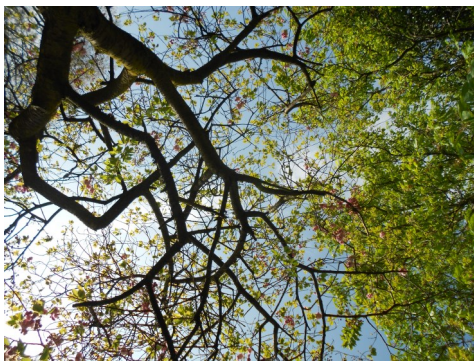
We will meet in Emerson College near East Grinstead, direct train from Victoria then short distance by bus or taxi.

Cost £190 per person (single room) plus room hire £540 divided between the number of participants, so far the deposit is for 10 so early booking is advisable.

The group will run from early afternoon on **Maundy Thursday 29 March** till after lunch on **Easter Sunday, 1 April**.

Organiser/facilitator: **Mary Jo Radcliffe** of ***Coping with Change***

For further details contact her:
e: maryjoradcliffe@icloud.com
Telephone: 0207 223 2917



"If the doors of perception
were cleansed everything
would appear to us as it is,
infinite"

William Blake

"The Intelligence of the Cosmos - New Answers from the Frontiers of Science" by Ervin Laszlo

(Inner Traditions: 2017, ISBN 9781620557310)

In this timely book Ervin Laszlo sets out two questions which summarise his quest for meaning over decades: "*Who are We?*" and "*Why are We Here?*" In three short but scintillating chapters, he asks the perennial questions, but comes up with new answers, based on his comprehensive understanding of cutting-edge science. He is saying that there is an infinite and eternal intelligence which brought into being our universe of space and time, and that we live in a consciousness-infused, coherent, interconnected holographic universe. He's not the only one to say this – my own book, **Blue Sky God** (2012) said as much, and Jude Currivan's recent book, **The Cosmic Hologram** goes into this in great detail. However, Laszlo has distilled into the first three chapters a brilliant summary, using scientific rather than spiritual terms. His eight point 'Credo' is something that CANA will be looking at further as a bridge from scientific to spiritual viewpoints.

The second half of the book consists of seven short chapters by various writers commenting on Laszlo's new paradigm from different perspectives – re-enchanting our worldview, giving purpose, applying it to business, looking at the Wisdom Traditions, the next life, and reconciling science and spirituality. I found the one on the Purpose of Business quite fascinating as a new way of looking at it.

As it says on the back of the book, "*This shows how the rediscovery of who we are and why we are here integrates seamlessly with the wisdom traditions as well as the emerging worldview in the sciences, revealing a way forward for humanity on this planet. They explain how we have reached a point of critical incoherence and tell us that to save ourselves, our environment, and society, we need a critical mass of people to consciously evolve a new thinking.*" This is part of our task within CANA, and I heartily recommend the book to all.

Don MacGregor

From the Treasurer

“Easy Paying”

Thank you to all those who support us by regular giving. This enables us to plan and provide regular events, retreats, our newsletter, and material to inform and encourage our spiritual journeys. For those of you who would like to contribute financially and be part of CANA, receiving our newsletter and relevant information, it couldn't be easier. Our website (www.christiansawakening.org) now has a payment facility using PayPal. It can be used for a one-off donation, or for monthly or yearly payments which are particularly helpful to us. We suggest £20 a year. You can use your own PayPal account or your debit/credit card. You can also book places for events by entering the name of the event, how many places you want and the amount to be paid. If you do not want to do this on-line you can send us a cheque to book an event, or arrange donations to us by setting up a standing order through your bank. Our account number is 01889228 & sort code 30-94-38.

Thank you. **Jane Upchurch**
janeupchurch@blueyonder.co.uk

An Alert for Summer Newsletter!

We are suggesting this is around the theme of **Universal Spirituality**, which seems to be growing in importance right now.

Universal Spirituality may not be the term that you would naturally use. But it is the term that some of us have been using to encourage thought that perhaps people practicing what seem different forms of spirituality could rather find the commonality. The editor would appreciate your contribution on this theme to help further discussion. Contributions up to 250 words would be appreciated.

Many thanks—Editor

You may be interested to know that Cynthia Bourgeault has just launched her Wisdom School online for e-learning with videos and transcript etc! See <https://courses.wisdomwayofknowing.org/courses/introductory-wisdom-school-with-cynthia->



William Meader's talks and other resources

For those who missed William Meader in May, his talk is available on DVD. His talk last year is also available, as is Don MacGregor's talk – see below

William Meader 2017

'The evolving soul of humanity' (2 DVD's) **£4**

William Meader 2016

'Exploring the interface between Christianity and Esoteric philosophy' (2 DVD's) **£4**

Don MacGregor 2014

'Science, Consciousness and Christianity' (1 DVD) **£2**

The charge covers costs including postage.

To pay and order them, you can use the payment facility on the website which will give me your address for posting them. Put the name of the ones you want in the 'Purpose of Payment' box (eg William Meader 2017 DVD).

Or you can send me a cheque made out to CANA to
CANA, 20 Manor Road, Ruislip HA4 7LB.

Jane Upchurch

**SPRING
2018**

CANA
(Christians
Awakening
to new
Awareness)

**Copy for next
Newsletter to:**

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by mid-February 2018

Administrator

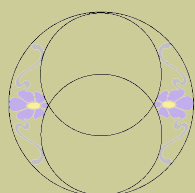
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We are on the Web:

[http://www.
christiansawakening.org](http://www.christiansawakening.org)

Cana Core Group:

Janice Dolley
Clare Freeman
Judy Hanmer
Janet Lake
Don MacGregor
Denise Moll
Heather-Jane Ozanne
Martin Paine
Celia Storey
David Storey
Jane Upchurch



CHRISTIANS AWAKENING

Newsletter

DIARY DATES

"The Soul and Its Creative Destiny": Wednesday 9 May 2018

A day in Wales with William Meader, international teacher of Esoteric Philosophy. William is an international speaker and teacher immersed in the cosmology of the perennial philosophy and the journey of the soul. He the author of '*Shine Forth - The Soul's Magical Destiny*', which is highly recommended. His website is meader.org Time: 10.30am-4pm

Venue: St Davids Wellbeing Centre, 38 Nun Street, St Davids SA62 6NT
Pembrokeshire, Wales. Cost: £30

Contact: Don MacGregor, 01437 454388, donmacg@live.co.uk

Living Spirituality Connections

23-25 February Re-inhabiting the earth annual spring conference. One family, one common home. Northern Ireland. www.drumalis.co.uk

24 February. Another look at why Jesus died. At-one-ment. With David Cherry. London W1. www.pathwaystogod.org/org/mount-street-jesuit-centre

28 February - 2 March Enneagram part 1 Through personality to spirit with Karen Webb. Devon. www.sheldon.uk.com

March 2-4 March Gaze, consider, contemplate. A creative retreat on St Clare of Assisi with the Community of Hopeweavers. (www.hopeweavers.co.uk) Dorset. www.hilfieldfriary.org.uk www.livingspirit.org.uk pg. 4

Saturday 3 March Working with Emergence. The second event in our series in partnership with The Institute for Theological Partnerships at Winchester University and Spirit of Peace will explore the theme of working with the emergent process and address the question 'What is the quality of intelligence that is necessary to move things in the direction of a greater flourishing for all?'.
March 5-9 Looking for a larger Christ with John Bell. N. Yorks.

www.scargillmovement.org

7 March. Swords into ploughshares lecture by Jolyon Mitchell. Promoting peace through the arts. Salisbury. www.sarum.ac.uk 7 March Journey into Healing.

10 March Love and suffering County Durham. www.minsteracres.org Theological reflection, conversation, prayer and quiet reflection. Newcastle.

Sat. 16-17 March Blue Sky God: The Evolution of Science and Christianity with Don MacGregor. Joining up current scientific views of reality with Christian theology..... Consider quantum consciousness, the power of the intentional mind, morphic resonance and other new scientific theories. At Gladstone's Library www.gladstoneslibrary.org

27 March - 1 April Salisbury. www.sarum.ac.uk Sharing the Paschal Mystery. Journeying through Holy Week to Easter, experiencing together its depth of loss, mourning and joy with the Hilfield Community. Dorset. www.hilfieldfriary.org.

Reserve the dates:

1st to 4th October: Silence by the Sea, CANA Residential Retreat, West Dorset (full details on p 8)

3rd November: *Universal Spirituality* event at Essex Unitarian Church, Notting Hill, with speakers and discussion. Contact: Janice Dolley
janice.dolley@btinternet.com t: 01452 849180. (See leaflet attached)